

**New Lenox Library** 

# STAYCATION KITS

Everything you need for a relaxing vacation in your own home-- in one convenient bag!

# SOOTHING FLORAL BATH SALT DIY

#### **Directions:**

- Combine salts, baking soda, and dried flowers in a bowl.
- Stir to combine.
- Use right away or store in bottle for later use.

#### How to use:

- Kit makes enough bath salt for one standard bathtub full of water.
- Pour salt mixture into running water to help dissolve crystals.
- Soak and enjoy!
- \*\* Tip: If you do not have a bathtub, enjoy as a relaxing foot soak or add 1/4 c of coconut oil or olive oil to make an exfoliating salt scrub instead!

### TRANSPORT YOUR MIND

Create a relaxing atmosphere with the soft flicker of candlelight. Close your eyes and picture your ideal vacation paradise.

## LEARN THE LINGO

Check out a fun-infused way to learn a new language with Mango Languages!

Create a free login at the New Lenox Library website under the A–Z Online Resources, then use in your web browser or download the app to access Mango on the go anywhere!

### PILLOW MINT

According to legend, the tradition of leaving chocolates or mints on hotel pillows started at the Mayfair Hotel in St. Louis inspired by the story of a romantic tryst by actor Carey Grant.

### A TASTE OF TRAVEL

Get a taste of another place by discovering new recipes at the library.

Access AtoZ World Food & AtoZ Food America databases under the A–Z Online Resources tab on our website or come in to check out a cookbook!